

Healthy Choices, Healthy Workplace GMP



Green Mountain Power makes it easy for employees to make healthy choices. After removing the candy machines from its café, Green Mountain Power began offering fruit, nuts, yogurt and other healthy options for employees to snack on. Keeping employees healthy is important for our customers – it keeps our costs down and ensures that we are there to keep the power on!



Jen Cortez

Jenn Cortez, Manager of Compensation and Benefits, Human Resources Shopping for healthy food is only one of the ways Jenn stays healthy. An avid biker and kayaker, she also is on the Board of Run Vermont and encourages her whole family to stay healthy.

Is your business active in the Wellness Arena? [Contact VBR](#) for more stories of successful initiatives.